

Pressure chart for ROCKSHOX Monarch and Monarch Plus in combination with a Solid Magix

Drucktabelle zur Abstimmung von RockShox Monarch / Monarch Plus in Verbindung mit Solid Magix

Bodyweight [kg] vs. airpressure [psi]	96	108	120	132	144	156	168	180	192	204	216	228	240	252	264	275	[psi]
40	43,0	38,2															
45	48,4	43,0	38,7														
50		47,8	43,0	39,1													
55			47,3	43,0	39,4												
60				46,9	43,0	39,7											
65					46,6	43,0	39,9										
70						46,3	43,0	40,1									
75							46,1	43,0	40,3								
80								45,9	43,0	40,5							
85									45,7	43,0	40,6						
90										45,5	43,0	40,7					
95											45,4	43,0	40,8				
100												45,3	43,0	41,0			
105													45,1	43,0	41,0		
110														45,0	43,0	41,3	
115															45,0	43,2	
120																45,0	
[kg]																	

Figures in chart refer to sag at the rear wheel. Ideally, there should be 43 mm, corresponding to 14 mm of stroke.
 Werte in Tabelle entsprechen dem Negativfederweg am Hinterrad. 43 mm sind anzustreben, was 14 mm Dämpferhub entspricht.

hard
 standard
 soft

180 psi are equal to a 500 lbs spring / 180 psi entsprechen einer Federrate von 500 lbs/inch